



# DAYTIME MENU

**GET IT WHILE IT'S HOT!**

**\*Dirty Kebab (GFO)** £7-00

Tender seitan chunks in a floury tortilla wrap with lashings of fresh salad & drenched in our house sauces.

**\*Shakshuka (GFO)** £7-00

Hearty tomato, olive & chickpea-based stew, topped with a vegan fried egg, with crusty sourdough on the side.

**\*German Not Dog** £7-00

Imported from the home of sausage. Tastes & smells so darn good!

**\*Bunny's Monster Breakfast Bap** £6-50

German sausage, veeg bacon & a BTC veeg fried egg, served in a sourdough challah bap, with your choice of sauce

**\*Sticky 5-spice Ribz (GF)** £6-00

So much flavour & stickiness, it'll have you licking the bowl dry to get every last bit! Served with ginger+sesame slaw

**\*Breakfast Burrito (GFO)** £5-50

The BTC cult-classic; German sausage, scrambled tofu, refried beans & spinach in a giant toasted wrap. Add cheez (+50p) to complete the job!

## BURGER TIME!

**\*The Big McNamara (N)** £7-50

The best-seller; homemade tender seitan, our house sauce, veeg cheez & bacon.

**\*The Chip-Shop One (GFO)** £7-50

Oyster mushroom-based patty, topped with macho peas, tartare & crispy onions.

**\*The 1/4 Pounder** £6-00

Chunky, beefy...just no cow involved!

**\*The Dirty One (GFO)** £6-00

Crispy, chicken-y...no feathers in sight.

## BURGER UPGRADES!!!!!!

\*veeg cheez (GF) (+£1) \*veeg bacon (+1-50)

## SIDES (all £2-50 unless specified)

**\*Giant Cheezy Garlic Bread (£5) (GFO)**

**\*Hand-cut Sweet Potato Chips (GF)**

**\*Potato Wedges (GF)**

**\*Garlic Bread (GFO)**

**\*House 'slaw (GF)**

**\*Ginger + sesame slaw (GF)**

**\*Smokehouse Chickpeas Salad (GF)**

AVAILABLE 1000-1700

SIT-IN

TAKEOUT

## IT'S A WRAP!

**\*Hoi Sin Dukk** £4-00

Marinated soya with hoi sin sauce, spring onions, cucumber & lettuce.

**\*Tofu Egg Mayo (GFO)** £4-00

Homemade tofu scramble, mixed with creamy veeg mayo & spinach.

**\*Smokehouse Chickpeas (GFO)** £4-00

Deliciously moreish BBQ-glazed chickpeas, with mixed leaves & cherry tomatoes. A staff favourite.

**\*Chikkin Nuggie Time!** £5-00

Breaded vegan chikkin nuggets, shredded lettuce, tomato, mayo + veeg cheez. Filth. Takes 10-12 minutes

## SOURDOUGH TOASTIES

**\*Cheezy Does It (GFO)** £4-00

Bute Island Mozzarella

**\*Posh Cheeze & Chutney (GFO)** £4-50

Vegan Mozzarella & Red Onion Chutney

**\*Spencersaurus The Herbivore (GFO) (N)** £5-00

Green Pesto, Spinach & Mozzarella

## LITTLE PERSON'S LUNCH

**\*'Chikkin' Nuggets & wedges** £4-50

Breaded vegan nuggets + potato wedges.

## ALLERGEN KEY:

(N) contains nuts (GF) gluten-free

(GFO) can be made GF upon request

Please ask for any other information regarding allergens; we're happy to help!

## SPECIALS

We have an incredibly talented, creative kitchen team who continually push the boundaries with their new creations. Be sure to check out the following:

\* Our weekly **specials** chalkboard

\* Our dedicated **pizza** menu

\* Our **Sunday Roast** (pre-order to avoid disappointment!)



# PIZZA MENU!

*Our hand-stretched pizzas were our most popular special ever. They were so good that we've now given them their own dedicated menu!*

All pizzas are made with our hand-stretched bases as standard:

- \* **Margherita (GFO)**: Neapolitan sauce, mozzarella, basil & cherry tomatoes £7-00
- \* **Spicy Pepperoni (GFO)**: Neapolitan sauce, mozzarella, chilli, pepperoni, bell pepper, onion & sriracha £9-00
- \* **Antipasti (GFO)**: Neapolitan sauce, mozzarella, artichoke, sundried-tomato, black olive, rocket & parmesan £8-00
- \* **White Funghi (GFO)**: Cheezy white sauce, mozzarella, oyster mushrooms, garlic, rocket & parmesan £8-50
- \* **Hot Diggidy**: Neapolitan sauce, mozzarella, bockwurst, fried onions, crispy onions, ketchup & mustard £9-50
- \* **Cheezeburger**: Neapolitan sauce, mozzarella, burger chunks, tomato, gherkin, burger sauce & sesame seeds £9-50
- \* **Meat Feast**: Neapolitan sauce, mozzarella, pepperoni, bacon, bockwurst & burger chunks £11-00

*Gluten-free bases are available upon request*



# EVENING MENU

AVAILABLE 1700-2000

**SIT-IN TAKEOUT DELIVERY**

## BTC MEAL DEALS!

**\*The Big McNamara (N)** £12-00  
Our overwhelming best-seller; a homemade tender seitan burger, topped with our house burger sauce, veeg cheez & bacon, and served with homemade sweet potato chips & 'slaw.

**\*The Chip-Shop One (GFO)** £10-00  
Oyster mushroom-based patty, topped with macho peas, tartare & crispy onions served with curry-loaded chips.

**\*BBQ Pulled Mac 'n' Cheez (GFO)** £10-00  
Macaroni pasta coated in our famous house cheez sauce, topped with smokey BBQ pulled 'shrooms, crispy onions & melted veeg mozzarella; all served with a good chunk of garlic bread.

**\*Smoky Tofu Carbonara (GFO)** £10-00  
Linguine pasta coated in our rich house Carbonara sauce, with leeks, peas & chunks of delicious smoked tofu, topped with vegan Prosciano cheez & served with garlic bread.

**\*Sticky 5-spice Ribz (GF)** £9-00  
Veeg strips of incredible flavour that will leave you licking your lips & anywhere else you might have dribbled a bit of that amazing sauce! Served with tofu-egg-fried rice & ginger+sesame slaw

**\*Grandpa Judd's Wholefoods Bowl (GF)** £10-  
Deliciously seasoned grains, greens &, pulses; an ever-changing selection of un-processed plant-based goodness! Ask us what this month's seasonal special is.

**\*Dirty Kebab Feast (GFO)** £9-00  
Tender seitan chunks in a floury tortilla wrap with lashings of fresh salad & drenched in our house sauces; served with our sweet potato chips.

**\*German Not Dog Meal** £9-00  
Imported from the home of sausage, served in a challah baguette, topped with onions, ketchup & mustard; served alongside crunchy house slaw.

## INDIVIDUAL ITEMS

**\*Breakfast Burrito (GFO)** £6-00  
The BTC cult-classic; German sausage, scrambled tofu, melty cheez, refried beans & spinach in a giant toasted wrap.

**\*The 1/4 Pounder Burger** £6-00  
A chunky bad boy, that tastes & feels much like beef...just with no cow. Winner!

**\*The Dirty Burger (GFO)** £6-00  
So much like a dirty chicken burger, it makes you wonder why people bother with the 'real' thing!

### !!!!!!BURGER UPGRADES!!!!!!

\*veeg cheez (GF) (+£1) \*veeg bacon (+1-50)

### SIDES (all £2-50 unless specified)

**\*Giant Cheezy Garlic Bread (£5) (GFO)**

**\*Hand-cut Sweet Potato Chips (GF)**

**\*Potato Wedges (GF)**

**\*Garlic Bread (GFO)**

**\*House 'slaw (GF)**

**\*Ginger + sesame slaw (GF)**

**\*Smokehouse Chickpeas Salad (GF)**

### LITTLE PERSON'S CHOICES

**\*Nuggets & Wedges** £4-50

Nice & simple: Vegan chikkin nuggets & wedges; just how you like it!

**\*Mini Mac n Cheez (GFO)** £5-50

Macaroni pasta coated with our creamy veeg cheez sauce.

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# DRINKS MENU

AVAILABLE EVERY DAY 1000-2000

## COFFEE

out / in

- \*Espresso £1-50 / £1-80
- \*Americano (12oz) £2-00 / £2-40
- \*Café Latte (12oz) £2-50 / £3-00
- \*Cappuccino (12oz) £2-50 / £3-00
- \*Flat White (6oz) £2-50 / £3-00
- \*Mocha (12oz) £3-00 / £3-50
- + extra espresso shot £0-50
- + flavoured syrup £0-50
- + squirty cream £0-50

Oat milk is our 'normal' milk; soya, coconut & almond also available

## FANCY PANTS TEA! £2-00 / £2-40

- \*Black Teas: Born Wild English Breakfast; Earl Grey; Masala Chai
- \*Green Teas: Sencha Green; Re-energise Me (sencha, matcha, mate, lemongrass)
- \*Redbush Teas: Straight rooibos; orange spice cake; vanilla mocha
- \*Herbal Blends: Cherry Bakewell (N); peppermint; apple almond spice (N); mulled wine; raspberry lemonade; lemon & ginger; chamomile

## HOT CHOCOLATE (15oz) £3-00 OUT / £3-50 IN (add squirty cream for 50p)

## SPECIALTY LATTES OUT / IN

- \*Turmeric Latte (15oz) £3-00 / £3-50
- \*Chai Latte (15oz) £3-00 / £3-50
- \*Beetroot Latte (15oz) £3-00 / £3-50
- \*Rooibos Latte (15oz) £3-00 / £3-50
- \*Matcha Latte (15oz) £3-00 / £3-50  
(add a shot of espresso for +50p)

## OUTRAGEOUS SHAKES £4-00 each

- \*Lotus Biscoff Caramel Decadence
- \*Oreo & Bourbon Chocolate Explosion
- \*Skittles Fruity Fun Time (GF)
- \*Peanut Butter Jelly Time (N)

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## PLANT-BASED SMOOTHIES

- \*Taylor + Chandu's Breakfast Smoothie £5-00
- Can't decide what to have for breakfast? Whack it all in a blender & suck it through a straw! Result! Banana, dates, nut butter, cacao nibs, oats & soya milk.
- \*Alana Goes Bananas £4-00  
(banana, date, cinnamon)
- \*Dale Loves Kale £4-00  
(kale, spinach, apple, lemon, peanut butter)
- \*Terry vs The Berries £4-00  
(blackberry, strawberry, raspberry, banana)
- FRAPPE £4-00 each

\*Coffee blended with soya milk, ice, frappe powder & your choice of syrup!

## ICED COFFEE £3-00 OUT / £3-50 IN

\*Your favourite hot drink poured over ice; deliciously simple!

## SPARKLING WATER £1-50 OUT / £1-80 IN

Check our chiller for today's selection of sparkling drinks

## FROBISHER'S JUICE £2- OUT / £2-40 IN

Check our chiller for today's selection of bottled juices

## SWEET TREATS

We sell literally thousands of bakes a week, all made here in central Worcester at our dedicated bakery by our fabulous team. Most we sell here at BTC, but we also supply other local cafes with delicious cakey goodness- they're that good!

Check out today's offerings in the window, or ask to see the cakes list if you're already sitting comfortably!

We make bespoke cakes to order, post our brownies, cookies & bakes by mail & also make seasonal sweet treat boxes across the year. Chat to a member of the team about what deliciousness we can sort out for you, or have a look at our webshop ([www.bethechangefoods.co.uk/shop](http://www.bethechangefoods.co.uk/shop)) to browse all the possibilities!